

SECOND STREET COMMUNITY OFFICE

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COMMUNITY NEWSLETTER



Follow us: @SecondStSD41
@ArmstrongSD41 @CaribooSD41

Get a glimpse into our classrooms and schools and see all the great learning that is happening!

MAY 2020

Hi Second Street Families and Community,



We hope you are all well and staying safe and loving, as families. We are getting there! We really are! The whole City and our community, continues to collaborate and work together to support our most vulnerable community members, as this situation affects us.

We thought you might like to see the latest project we have done for the two Care Centres in our community (Normanna and George Derby). Building on the "Smile for a Smile" campaign idea from a couple of weeks ago, this time we tried to make it seem like we were ACTUALLY visiting the residents of the Care Centres, as we know they have not only had no visitors because of regular flu season, but of course, now due to COVID-19, that absence of visitors has continued for even longer. **So... we created a video so the kids could be VIRTUAL VISITORS to the Care Centres. It's called "A Virtual Visit from Second Street!" (the link is below).**

As you know, we have a tradition of showing care and service in our community, so in the video, some of the kids express messages showing these qualities. Another tradition we have, of course, is to have a Joke of the Day posted at school in the entrance hallway. Many of us love the little giggles we get from those jokes, so some of the classes had kids send me videos of them telling jokes to the seniors. It's really sweet! The seniors at both Centres have seen it (we made 5 copies for each of their 5 wards, as they cannot socialize in the main communal areas right now, and must stay in their wards). Apparently, they have been loving it! They have laughed and even cried, at this "visit" from us!

It is about 9 1/2 minutes long (as we wanted it to feel like a real visit), so when you have a few minutes, and can get comfy and need a smile, please watch.

You can open the link below.

<https://animoto.com/play/nmlePVBtYVgwsSFapq9b8w>



Speaking of The Care Centres and showing concern for our precious seniors, one of our very own Second Street families has won a "Community Champion Award" from CKNW! The Normanna care Centre said one morning, about a week ago, the residents arose to a huge array of beautiful coloured hearts with messages on them, placed all over the front windows of the Centre! No one knew who did it, but with some sleuthing, we discovered it was Hannah and Evan Walker and their family! Normanna was so touched by this, they nominated the family for the award -- and they won!



Here is Anne's (the mom of Evan and Hannah), description of what happened:

"We live on 13th and diligently make a clatter at 7pm each night. Many of our neighbours have gotten involved as well and usually end the noise making with a short visit. One night our neighbour asked "do you think they can hear us at Normanna?" and another asked "do you think there is something that we can do for them there?" and since Hannah and I had just finished making hearts for the windows of her uncle and aunt, the idea came naturally to her "we could make hearts for their windows" she suggested. Evan (age 8) did some cutting, Hannah (age 10) did some decorating and our neighbour added some more hearts and the use of a laminator and that's how it unfolded."

"We've been so inspired by the positive response from you and the staff at Normanna that we are making more hearts with plans to 'heart bomb' George Derby later this month."



I know I am constantly inspired by how the community is coming together to support one another. I was with other Coordinator colleagues and some EA's from schools, and together we packed and distributed 95 bags of groceries (from the Vancouver Food bank, Burnaby Neighbourhood House and United Way of the Lower mainland) for our families most in need, in the Second Street, Cariboo Hill, Armstrong, Edmonds and Byrne Creek areas. We had an additional 20- 25 staff come and help deliver these groceries to homes. It was beautiful. Next week, we will do it again, for families for whom food security is still a need.



We also saw the Firefighters deliver 520 "Care Packages" to families in need all over Burnaby! These contained fresh ingredients for a vegetarian meal, as well as the recipe and fire safety information.

Join us for Tea Times, when you can. We have had two CommuniTEA Times so far, on Zoom, and they have been well-attended! Even though we are apart, we can still get together.

This Thursday, join in on Zoom for "CommuniTEA Time":

Special Guest -- Georgianna Lee (from Cameray, Family and Child Services)

Topic: "Are you staying well and managing worries at this very stressful time?"

Time: May 14, 2020, 12:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/97494173173>

Meeting ID: 974 9417 3173



You are invited to a Zoom webinar:

When: May 14, 2020 03:00 PM Pacific Time (US and Canada). **Topic:** Burnaby Family Life - Weekly Expert Talks for families learning: "PART II "What to know about home learning: "Supporting your kids' learning while keeping your sanity and preserving your relationship."

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_YVNDT7JbTL608poUzACZdg

Webinar Speaker:

Gayle Beavil (Community School Coordinator @Second Street Community School (and supporting Armstrong Elementary & Cariboo Hill Secondary))
Gayle Beavil, BEd, MA, is a Burnaby educator who has been an elementary teacher in Burnaby classrooms for 15 years, as well as been a Faculty Associate at Simon Fraser University, where she taught student teachers in the Professional Development Program for two years. For the past 13 years, Gayle has been a Community School Coordinator, working with community partners and school staffs to enrich the curriculum, support and strengthen families with responsive programs and services, as well as create and build community in Burnaby, through hosting groups, connecting folks and building understanding. One of Gayle's passions and strongest beliefs is: "If the family is connected and happy, then the kids are more likely to be connected and happy -- and connected and happy kids are more ready, and able to learn."

Yours in Community,

Gayle

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#flattenthecurve #ittakesaworld #washyourhands #heathyathome #community

Burnaby Youth Hub—The Burnaby Youth Hub is a safe, inclusive space where youth can access a variety of resources, programs, and services for their personal health, development, and well-being. Currently The Hub is only operating essential programs, and is operating a Food Bank program for youth and families.

Contact: 604-569-0951
4750 Imperial St. Burnaby
www.bunabyyouthhub.org/



BC Climate Action Tax Credit (in response to COVID-19)

A one-time enhancement to the climate action tax credit will be paid in July 2020. Amounts vary from marital and child status.

You do not need to apply for the one-time enhanced July 2020 payment. You only need to file your income tax return for 2019 and the CRA will determine your eligibility and advise you if you're eligible to receive the payment

For more information visit:

<https://www2.gov.bc.ca/gov/content/taxes/income-taxes/personal/credits/climate-action>





RE-OPENING the Province— To A New Normal

The BC government has announced how the province is going to restart the economy in the coming weeks and months. It is a four phase plan. We are currently in the first phase. Here is a overview of phases two to four .

The **second phase** starts in mid-May, and includes:

- small family gatherings allowed (two to six people)
- elective surgeries, out patient clinics and diagnostic tests
- dentistry, physiotherapy, chiropractic, massage therapy and in-person counselling
- hair salons and barbers
- retail businesses
- restaurants and pubs
- museums, art galleries and libraries
- provincial parks for day use
- beaches, sports fields and other outdoor spaces
- transit services
- sports and recreation
- child care
- offices
- some voluntary resumption of in-class instruction for K-12

The **third phase** will roll out between June and September, but only if COVID-19 transmission rates continue to decline or remain low. They include:

- hotels and resorts (June)
- provincial parks and overnight camping (June)
- movie theatres and symphonies (July)
- film and TV production resumes (July)
- K-12 schools reopening in September. Until then, there will be more use of online learning, with some limited -in-class learning for K-12 and post secondary education.

Phase four (TBA) includes large concerts, conventions, festivals and other large gatherings, which won't be allowed until there is a vaccine, a treatment or herd immunity.

For more information on the BC government's restart plan click on this link:

<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/bc-restart-plan>



Burnaby's Youth Covid Response Team

What's our goal?



Give accurate information about COVID-19 to students in the district



Work in collaboration with adults and express our needs during times of physical distancing



Answer questions and address concerns directly from you



Be a safe platform for teens through engagement during this time in isolation

Who are we?

We are youth from all across Burnaby! We are from various schools working with adults and educators to help youth in the community during the COVID-19 pandemic.



Follow us on Instagram:

@youthcovidresponsebby

DM us with any questions!



We hope you and your family are safe and healthy during this difficult time.

By youth, for youth

Canada Revenue Agency (CRA) & COVID-19: Income tax filing and payment dates EXTENDED

The Canada Revenue Agency will defer the filing due date for the 2019 tax returns of individuals.

Filing deadline; June 1, 2020

Payment deadline: September 1, 2020 (This includes the June 15, 2020 installment payment for those who pay by installments.)

Please see the CRA's website for more information, including specific dates for individuals, businesses, and self-employed individuals.

<https://www.canada.ca/en/revenue-agency/campaigns/covid-19-update/covid-19-filing-payment-dates.html>

Food Resources & Other Supports During COVID-19

(Note: These services may change and be updated, as the situation changes.)

<u>Program</u>	<u>Description</u>	<u>How to access</u>	<u>Agency/Organization</u>
Food Resources			
Food Bank	Provides groceries for 2-3 days for families in need. Can visit one site per week. <u>Tues – Fri: 10:00 AM - 2:00PM</u> <u>Closed April 21, 22, 23, 24. See website for more details</u>	8345 Winston St. Burnaby 604-876-3601 https://foodbank.bc.ca/find-food/locations/	Greater Vancouver Food Bank
Food Bank	Provides groceries for 2-3 days for families in need. Can visit one site per week. See website for more details Thursday 10:30 AM - 12:30PM Closed April 23rd	Tipperary Park, 315 Queens Avenue, New Westminster https://foodbank.bc.ca/find-food/locations/	Greater Vancouver Food Bank
Unemployment Resources			
Government of Canada Job Bank	Provides researchable job listings and career planning resources	https://www.jobbank.gc.ca/home	Government of Canada
SUCCESS Employment Services	Provides help for a diverse group of job seekers, including newcomers and those learning English. Due to COVID-19, services are currently limited to online visitation, email, and phone	https://www.successbc.ca/eng/services/employment-services/	SUCCESS
WorkBC	Provides support for individuals looking for employment. Due to COVID-19, some WorkBC Centres' business hours and in-person services have changed. Please visit their website for hours of operation and phone numbers.	Edmonds: 7297 Kingsway, Burnaby https://www.workbc.ca/	Work BC
Child Care			
YMCA Child Care Resource & Referral	Helps coordinate childcare for families of essential workers with children age 0 to 5 years, and support generally around childcare issues.	<u>For child care resources and referrals phone:</u> <u>604-931-3400 (press 0) or</u> <u>email bnwccr@gv.ymca.ca or triccr@gv.ymca.ca</u> <u>Burnaby office: 604-294-1109</u>	YMCA

FREE BURNABY *SPRING ONLINE PROGRAMS 2020

Agency	Visit website for details	Program Name(s)	Program Description	When	Registration Required - Details
Burnaby Family Life	https://bflgrowscommunity.org/	Guest Speaker Series	Family Well Being Webinars	Every Thursday 3-4 pm	Email: bfl_info@burnabyfamilylife.org
Burnaby Family Life	https://bflgrowscommunity.org/	Circle Time, Mother Goose, Fatherhood: A Journey, and Baby and Me (second stage)	<i>Visit website for details</i>		Email: bfl_info@burnabyfamilylife.org
Burnaby Pacific Grace Church	https://bpgc.org/events/mothergoose/	Mother Goose	For children 0 to 18 months. Enjoy one hour of rhymes, songs, and stories with your child. Learn new ways to cope. Meet other parents.	April 24 – June 12, 2020 Friday 1:15-2:15pm. ZOOM.	Go to website to register: https://bpgc.org/events/mothergoose/
Cameray Child and Family Services	http://cameray.ca/parent-support-program-may-online-group-calendar/	Circle Time (different types), Circle of Security, parenting program and more ...	For Burnaby and New Westminister residents with one or more children under the age of 5 years old. Online family groups, activities for children and families and supports for parents	<i>Visit website for online calendar</i>	Email: pspgroupsignup@cameray.ca
Information Children	http://www.informationchildren.com/event/circle-of-security-9/	Circle of Security	Visit website for details	Visit website for details	Follow website link to register

◆ All programs are for children from birth to 6 years old, unless otherwise indicated.

For more information on Burnaby COVID 19 activities, supports and services for children 0 to 6 years old and families go to COVID 19 Resources & Supports at: www.kidsinburnaby.ca

FREE BURNABY *SPRING ONLINE PROGRAMS 2020

Agency	Visit website for details	Program Name(s)	Program Description	Program Description	Registration Required - Details
Information Children	http://www.informationchildren.com/event/keeping-calm-to-carry-on-reframing-covid/	Keeping Calm to Carry on – Reframing COVID 19	Visit website for details	Visit website for details	Follow website link to register
Information Children	http://www.informationchildren.com/event/parenting-toddlers-and-preschoolers-7/	Parenting Toddlers and Preschoolers	Visit website for details	Visit website for details	Follow website link to register
S.U.C.C.E.S.S.	N/A	Mother Goose Online Group (Mandarin and English)	Songs, Rhymes and Story-telling in Mandarin. For children birth to 4 years old.	8 sessions, on Mondays: May 4 – June 29, 2020 (No session: 5/18) 10:30am - 11:45am	Call Teresa Hsieh at: 604-318-2731 or E-mail: teresa.hsieh@success.bc.ca
S.U.C.C.E.S.S.	N/A	Mother Goose Program (Korean and English)	Songs, Rhymes and Story-telling in Korean For children birth to 4 years old.	May 22 nd - July 10 th (8 sessions) 2:00-2:45pm	Call Monica Lim at: 604-330-8068 or E-mail: monica.lim@success.bc.ca
S.U.C.C.E.S.S.	N/A	Parenting Club (Korean)	May 22 nd - July 10 th (8 sessions) 2:00-2:45pm	Every first & third Thursday 10:30 -11:30 am	Call Teresa Hsieh at: 604-318-2731 or E-mail: teresa.hsieh@success.bc.ca

* All online programs are for children from birth to 6 years old, unless otherwise indicated

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FREE BURNABY *SPRING ONLINE PROGRAMS 2020

Agency	Visit website for details	Program Name(s)	Program Description	Program Description	Registration Required - Details
S.U.C.C.E.S.S.	N/A	Parenting Club (Mandarin)	Parents share, discuss and have workshops on topics like: child safety, child development, discipline and etc.	Every second & fourth Thursday 10:30 - 11:30 am	Call Monica Lim at: 604-330-8068 or E-mail: monica.lim@success.bc.ca
YMCA CCRR	N/A	Parenting Workshops: Resilience in Children & Youth Part 1 & 2	What resilience is; how it develops and the key role of parents in building resilience.	May 21st and 28th 10:00 am to 11:00 am	To register, call: 604-931-3400 ext. 0

COVID-19 Curious in Burnaby?
www.burnabycoronavirus.com

The community of Burnaby has come together to meet your needs—whether you're a senior or a teen, single or a family, or a business or organization in Burnaby, find the tools, resources, programs and services in your own community to help you get through this:

24 The little things make a big difference

- Practice physical distancing
- Clean your hands
- Stay at home if you're feeling ill - no exceptions
- Increase cleaning at home and at work
- Stay informed
- Cover your cough
- Minimize non-essential travel
- Make spaces safer

Second Street Community School Dates to Remember

- May 18 Victoria Day—School Closed
- June 08 Pro-D Day—No school
- June 25 Last day of school

