

SECOND STREET COMMUNITY OFFICE

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COMMUNITY NEWSLETTER



Follow us: @SecondStSD41
@ArmstrongSD41 @CaribooSD41

Get a glimpse into our classrooms and schools and see all the great learning that is happening!

SUMMER 2020



We are in this together!

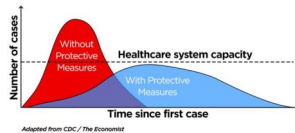


Sending love and appreciation for all essential service workers who are putting themselves at risk on the front lines.

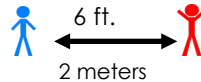
We are all getting accustomed to the new normal, navigating this unprecedented global health crisis. In this edition, we've put together some resources that might be helpful to you.



Let's Help Flatten the Curve



- ◆ Physical distance 6 feet or 2 meters
- ◆ Stay home
- ◆ Washing hands frequently and for 20 seconds (sing Happy Birthday twice)



Please continue to this everyday and remind others to do the same. This helps to keep you and your community stay safe.

CommuniTEA (Online) Time

CommuniTEA Time is hopefully soon coming to you ONLINE!

Look for an email from us that let's you know that it is:

CommuniTEA (ONLINE) Time
with Community School Coordinator, Gayle Beavil
Thursdays - 9:30 am - 10:30 am

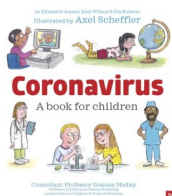
Stay tuned for how to attend CommuniTEA Time online!



Need Help Applying for Benefits?

Katrina Chen's office (MLA for Burnaby-Lougheed) is open to help families apply for benefits or to help with specific situations.

Contact: 604-660-5058
Email: katrina.chen.MLA@leg.bc.ca



FREE Digital Information Book for Kids About Coronavirus

Download your FREE digital information book for primary school age children to help explain the coronavirus and the measures taken to control it. It answers lots of questions in a child-friendly way, and aims to both inform and reassure.

<https://axelscheffler.com/books-for-older-children/coronavirus>

Hello Second Street Friends and Families!

Oh my gosh, we miss you! We miss seeing you, we miss chatting to you, we miss high-fiving the kids and hugging you! When we do all meet again, I really believe we will cherish each other, and each relationship, connection and interaction, even more. How lucky we are to miss each other! If we didn't mean so much to each other, we wouldn't feel the loss of these precious times, right?

I know you know that online learning has started for the kids and it is going very well. There are so many creative ways the staff are connecting to kids. They are very happy to be back connecting, albeit online.

I wanted to take a few moments to tell you about some of the creative, supportive and inspiring things that are happening in the community and city, which I have been involved in and working on, so you can get a sense of the bigger picture which involves the City, the school and the school district, as a whole.

COVID-19 CITY/Interagency Working Teams – folks from non-profits, school district, Fraser Health, government, organizations, the City of Burnaby have come together and have met regularly to look at the situation and what is needed to support the citizens of Burnaby. **We are looking at resources, services, possible gaps, ways to help, creating supports, communication, etc., around these topics: Youth and Teens, Children and families, Food Security, Social Isolation, Homelessness, Technology** and more.

I can tell you it has been challenging and emotional, but also, very inspiring to see what we can do when we work together. These groups and the school district are working diligently to make sure there are supports in place for all.

Food Security – we have been working hard to support our families most in need, at Second Street, to make sure they have some basics, such as groceries. Many initiatives have happened and continue to do so!

In our school, the Council, Eastside, community donors and our Burnaby Firefighters, have really stepped into action to make this happen. Last week, **we created bags of groceries** from these sources, and delivered them to our families most in need. EA's helped deliver the bags, and they are also supervising **the daily lunch program** (served outside of the school), which is available to our students who need that service.

The same thing has been happening at Armstrong! Community members and the Firefighters have stepped up there, as well. These bags were delivered this week.

Another initiative that I have been working on is one with the Burnaby Firefighters (*what would we do without them?*). They decided they wanted to **create and deliver "Care Boxes"** to families most in need around the ENTIRE CITY! I have asked about 50 school contacts to list families who

would need extra food supplies and they will DELIVER these Care Boxes to these families, *via the firetruck!* All the firehalls will be involved and they will split up the delivery of these boxes, between the halls closest to the homes on their list. This service is a one-time delivery and hundreds and hundreds of families across the city will receive these boxes (containing about 30 staple food items) during the week of April 27th!

WE – LOVE – OUR – BURNABY FIREFIGHTERS!!!!

Lots of meetings, lots of collaborating, lots of shopping, lots of checking in on folks and lots of creative solution-finding! It's been A LOT, but it has been exhilarating to see what we can do as a community, when we pull together and have a lens of care and empathy.

The staff is working on many **heart-warming and creative projects with their kids**, as well as trying to touch on and continue curricular topics already started this year. Hopefully you are enjoying being involved in this at home and have seen some of these unique learning opportunities in which the kids have been involved.

I am working on trying to do some online connecting with parents and community members so stay tuned for that, too. **"CommuniTEA (ONLINE) Time"???** I'm working on it, and have some guests and topics lined up.

One cool project that some classes participated in was the **"Smile for a Smile" or "Selfies for Seniors" campaign** which we did just this week with Normanna Care Centre. Not being allowed any visitors got us thinking.... So, the result was wonderful and made it onto the **CBC Vancouver news last night, and CBC radio yesterday morning. Here are the links:**

CBC Radio yesterday (with Stephen Quinn. Just click!):

<https://www.cbc.ca/listen/live-radio/1-91-the-early-edition/clip/15770969-burnaby-students-are-reaching-out-to-seniors-in-care?share=true>

The CBC News last night (here is the link from their Facebook page. Just click!):

<https://www.facebook.com/CBCVancouver/videos/599829454214954/>

Coming soon (hopefully tomorrow!) we will be sending out a note of love and hope to our students and community. It will be a video from all of us here at Second Street to you.

Hang in there, everyone.

We are getting through this!

Yours in Community,

Gayle

604 836 3290

gayle.beavil@burnabyschools.ca

#flattenthecurve #ittakesaworld #washyourhands #heathyathome
#community

Burnaby Family Life
Family Support Services: Response to COVID-19

Weekly Expert Series for Parents

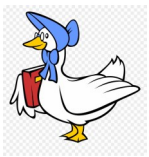


Burnaby Family Life
t. 604.659.2205 or 778-858-0485
e-mail: bfl_info@burnabyfamilylife.org
www.burnabyfamilylife.org

1.	Thursday April 23, 2020 3:00 to 4.00pm Via Zoom (call in advance to register)	Staying calm and reflecting the calmness to your children
2.	Thursday 30, 2020 3:00 to 4.00pm Via Zoom (call in advance to register)	Practical advice for parents to build a structure for wellbeing during times of crisis and chaos

Burnaby Family Life—Family Support Services
 (for more information, please call 604-659-2205 or 778-858-0485)

<p>CHECK-IN (direct phone calls, multilingual)</p> <ul style="list-style-type: none"> • How are you? • Do you need specific support? • Do you understand the safety directives relating to COVID-19? • Are you connecting to online resources or virtually 	<p>MOTHER GOOSE, BABY & ME SECOND STAGE (online editions)</p> <ul style="list-style-type: none"> • Transition existing group learning program using Zoom • Deliver engaging mix of programming for parent support and social time/ check in • Dedicated Q&As to ensure parents clearly understand safety directives relating to COVID-19 	<p>RESOURCE KIT (materials)</p> <ul style="list-style-type: none"> • Assemble 80-100 kits (first installment, more if required) • One kit per child aged 0-8 yrs., if possible • Provide includes age appropriate educational activities, tips for structured learning and healthy family habits, and safety directives relating to COVID-19 	<p>EXPERT TALKS (learning sessions)</p> <ul style="list-style-type: none"> • Weekly 60-minute session with an expert on family dynamics including topics such as anxiety and mental well-being • Practical tips to deal with unique situation of COVID-19 • Up to 50 participants per session presentations will be recorded and posted online 	<p>E INFO (resources, encouragement)</p> <ul style="list-style-type: none"> • Themed series of posts on Facebook and Twitter • Dedicated website with BFL program info and resource library (bflgrowscommunity.org) • Useful links including official and current information sources about COVID-19
April WK 1—WK 3	April-May (4 weeks)	April-May	April-May (5 weeks)	March Onward
Check in with higher risk families so we can prioritize how best to help them. During the call we will try to address immediate needs such as emotional support and arrange for urgent food delivery.	Simulate established program and invite registered families to participate. First phase of online editions will be for four weeks (Fridays and Thursdays) will continue if there is demand	Response to the call for help from families at higher risk who have no resources at home to meaningfully engage children. Distribution will be done through BFL and community volunteers	We are contacting experts who presented at PLE2020 and others to prepare a series of useful and informative sessions relating to mental well-being in support of families in our community.	



Food Resources & Other Supports During COVID-19

(Note: These services may change and be updated, as the situation changes.)

<u>Program</u>	<u>Description</u>	<u>How to access</u>	<u>Agency/Organization</u>
Food Resources			
Food Bank	Provides groceries for 2-3 days for families in need. Can visit one site per week. Tues – Fri: 10:00 AM - 2:00PM <u>Closed April 21, 22, 23, 24. See website for more details</u>	8345 Winston St. Burnaby 604-876-3601 https://foodbank.bc.ca/find-food/locations/	Greater Vancouver Food Bank
Food Bank	Provides groceries for 2-3 days for families in need. Can visit one site per week. See website for more details Thursday 10:30 AM - 12:30PM Closed April 23rd	Tipperary Park, 315 Queens Avenue, New Westminister https://foodbank.bc.ca/find-food/locations/	Greater Vancouver Food Bank
Bread	Offers FREE bread Saturdays: 9:30 AM-10:30 AM while quantities last	info@newlifeburnaby.ca http://newlifeburnaby.ca/ 8765 Government St. Burnaby 604-420-0761	New Life Community Church
Hampers	Food hampers (behind building on Alexander Street)	604-526-2522 40 Begbie St. New Westminister https://purposesociety.org/	Purpose Society
Hampers	Emergency Food Hampers Wednesdays 10:00 AM 1:00 PM	6125 Nelson Ave. Burnaby 604-437-1521	Salvation Army - Metrotown
Hampers	Emergency food assistance for Burnaby residents on Fridays 1:00 PM-3:00PM	604-521-2421 325 6th Street, New Westminister	Salvation Army - New Westminister
Utilities			
BC Hydro's Customer Crisis Fund (CCF)	BC Hydro customers have the option to defer bill payments or arrange for flexible payment plans with no penalty. Customers who are dealing with job loss, illness or loss of wages due to COVID-19 will be able to use BC Hydro's Customer Crisis Fund grant program for up to \$600.	https://app.bchydro.com/accounts-billing/bill-payment/ways-to-pay/customer-crisis-fund.html call 1-844-708-3208	BC Hydro
COVID-19 Customer Recovery Fund	If you've lost employment or have been unable to work due to COVID-19, you can have your FortisBC bills deferred from April 1 to June 30, 2020. You will be enrolled into an interest-free 12-month repayment plan.	https://www.fortisbc.com/about-us/supporting-british-columbia-during-the-covid-19-outbreak/covid-19-customer-recovery-fund?utm_campaign=corporate&utm_medium=email&utm_source=upaknee	FortisBC

Food Resources & Other Supports During COVID-19

(Note: These services may change and be updated, as the situation changes.)

<u>Program</u>	<u>Description</u>	<u>How to access</u>	<u>Agency/Organization</u>
Income Support		-	
BC Emergency Benefit	A one-time, tax-free \$1,000 payment to British Columbians whose ability to work has been affected by COVID-19. Available to BC residents who receive federal Employment Insurance, or the Canada Emergency Response Benefit.	https://news.gov.bc.ca/factsheets/bc-takes-steps-to-support-people-businesses-during-covid-19-pandemic	Provincial Government
Income Assistance	Individuals who are in need and have no other resources may be eligible for income assistance.	https://www2.gov.bc.ca/gov/content/family-social-supports/income-assistance Toll Free: 1-866-866-0800	Provincial Government
Income Assistance COVID-19 supplement	For everyone on income assistance or disability assistance who is not eligible for the emergency federal support programs, including the CERB, the Province will provide an automatic \$300-monthly COVID-19 crisis supplement for the next three months. The Province will also provide all BC Bus Pass Program users receiving income assistance and disability assistance with the \$52 Transportation Supplement for the duration of the fare suspension	https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support	Provincial Government
Employment Insurance (EI)	For workers who lost their job through no fault of your own and qualify for Employment Insurance benefits.	https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html	Federal Government
Canada Emergency Response Benefit (CERB)	The CERB supports Canadians by providing urgently needed financial support to employed and self-employed Canadians who have been directly affected by COVID-19. It provides a payment of \$2,000 for a 4 week period (equivalent to \$500 a week) for up to 16 weeks.	https://www.canada.ca/en/department-finance/news/2020/03/introduces-canada-emergency-response-benefit-to-help-workers-and-businesses.html	Federal Government
UPDATED Renters' Assistance Program	Will provide up to \$500 per month per household. This amount will be paid directly to landlords through BC Housing and available for individuals who have applied for Employment Insurance	https://bchousing.org/bctrs or call 1-877--757-2577	Provincial Government

Food Resources & Other Supports During COVID-19

(Note: These services may change and be updated, as the situation changes.)

<u>Program</u>	<u>Description</u>	<u>How to access</u>	<u>Agency/Organization</u>
Income Support Cont.			
Special Goods and Services Tax credit payment	A one-time special payment by early May through the Goods and Services Tax credit for low- and modest-income families. Up to \$400 for single individuals and up to \$600 for couples.	There is no need to apply for this payment. If you are eligible, you will get it automatically	Federal Government
Canada Child Benefit (CCB)	An extra \$300 per child for 2019-20.	The benefit will be delivered as part of the scheduled CCB payment in May or you can apply. Those who already receive the Canada Child Benefit do not need to re-apply. https://www.canada.ca/en/revenue-agency/services/child-family-benefits/canada-child-benefit-overview/canada-child-benefit-apply.html	Federal Government
B.C. Climate Action Tax Credit	Starting in July 2020, eligible families of four will receive up to \$564 and eligible individuals will receive up to \$218 in an enhanced payment.	https://news.gov.bc.ca/factsheets/bc-takes-steps-to-support-people-businesses-during-covid-19-pandemic	Provincial Government
Mortgage & Autoplan			
Canada Mortgage and Housing Corporation (CMHC)	Mortgage payment deferrals available for CMHC-insured mortgage loans.	The federal government is encouraging financial institutions to show flexibility in helping customers affected by the COVID-19 pandemic. Check with your lender for more information	Your bank or lender
ICBC	Customers on a monthly Autoplan payment plan, who are facing financial challenges due to COVID-19, can defer their payment for up to 90 days with no penalty	https://www.icbc.com/insurance/buy-renew-cancel/Insurance-payment-plan/Pages/Default.aspx	ICBC



Online Activity Ideas for Parents

National Geographic Kids—Education activities about Animals, Planets, and Nature
https://kids.nationalgeographic.com/?cmpid=org=ngp::mc=crm-email::src=ngp::cmp=editorial::add=FFG_Special_20200405&rid=AE90AC594F110608BB7C8E3268DD0524

COVID-19 Time Capsule Activity— Create your own time capsule about COVID-19.
https://avrit.net/Viewers/#../CovidTimeCapsule/2020_Covid-19_Time_Capsule.pdf

Minecraft Storytelling Activity—Fun and creative storytelling activity using Minecraft and digital tools. <https://education.minecraft.net/lessons/fairytale/>



Second Street Community School Bottle Drive

Do you have refundable bottles and would like to support 2nd Street School?

Drop the refundables off at Certain Return-It Depots (under school account)

- 1.) Put refundables into a clear plastic bag. You don't need to count or sort.
- 2.) Drop off at one of 3 locations:
 - A. Lougheed Return it Depot – 1045A Lougheed Hwy. Coquitlam (near Ikea)
 - B. Lee's Bottle Depot- 7385 Buller Avenue, Burnaby
 - C. Sapperton Return It Express Drop – 79 Braid Street, New Westminster
- 3.) Enter the school phone# 604-296-9029 to get the labels for your bags



Second Street School Dates to Remember

April 27 District Pro-D Day
May 18 Victoria Day—School Closed
June 08 Pro-D Day—No school
June 25 Last day of school—10:30am dismissal

HAVE A FUN AND SAFE SUMMER! SEE YOU IN SEPTEMBER!



Parent Child Mother Goose—ONLINE ZOOM



Enjoy an hour of rhymes, songs, and stories with your child
Learn new ways to cope
Meet other parents
(For children 0-18 months)

When: Fridays, April 24—June 12, 2020
1:15 PM—2:15 PM

Where: ONLINE ZOOM Meet

Contact: 604-298-8277
BpgcMothergoose@gmail.com

To Register: <https://bpgc.org/events/mothergoose/>



Burnaby Public Library ONLINE is OPEN

Browse and borrow from thousands of titles for kids, teens and adults, fiction, non-fiction, and on-line resources with no holds or waiting.

Don't have a library card, call 604-436-5400 to get one

<https://www.bpl.bc.ca/>

Currently, all Burnaby Public Library sites are closed, including book drops. If you have borrowed books at home, your fees are waived and due dates are extended.

