

HOT LUNCH PROGRAM MENU



| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|---|--|--|--|--|
| Regular | | | Chicken Teriyaki with Whole Grain Rice and California Vegetables | Chicken Fingers with Whole Grain Rice | Macaroni and Cheese |
| Vegetarian | | | Tofu Teriyaki with Whole Grain Rice and California Vegetables | Veggie Chicken Fingers with Whole Grain Rice | Macaroni and Cheese |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Regular | Beef Burger Potato Wedges | Sweet & Sour Chicken Rice Bowl (Includes California Vegetables) | Beef Meatballs with Mashed Potatoes, Gravy | Garlic Chicken Penne Peas and Carrots | Pancakes with Turkey Sausages (Side Syrup) |
| Vegetarian | Veggie Burger Potato Wedges | Sweet & Sour Tofu Rice Bowl With Vegetables | Veggie Meatballs with Mashed Potatoes, Gravy | Garlic Power Mix Penne Peas and Carrots | Pancakes (Side Syrup) |
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Regular | Chicken Parmesan over Rotini Pasta | Beef Burrito Bowl Whole Grain Rice Power Veggie Mix (Edamame, Black Bean & Corn) | Cheese Tortellini with Tomato Sauce | Beef & Chicken Shepherd's Pie (Includes Peas and Corn) | Pizza Day |
| Vegetarian | Tomato Pasta Parmesan Over Rotini Pasta | Vegetarian Burrito Bowl Whole Grain Rice Power Veggie Mix (Edamame, Black Bean & Corn) | Cheese Tortellini with Tomato Sauce | Veggie Ground Shepherd's Pie (Includes Peas and Corn) | Pizza Day |
| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Regular | Topsy Turvy Pasta with Meat Sauce | Cheese Perogies Sour Cream | Chicken Fried Rice (includes Peas and Carrots) | Beef and Chicken Burrito Wrap (Side Sour Cream) | Cheese Quesadilla with side Sour Cream And Salsa |
| Vegetarian | Veggie Topsy Turvy Pasta with veggie "Meatless" Sauce | Cheese Perogies side Sour Cream Power Mix Veggies | Egg Fried Rice (includes Peas and Carrots) | Veggie Burrito Wrap (Side Sour Cream) | Cheese Quesadilla side Sour Cream And Salsa |

Our Lunch Lady Mission:

- Prepared with care in inspected nut free facilities.
- Gluten free, dairy free, egg free and any allergy concerns please contact the Lunch Lady as we have other options available.
-