SECOND ST. COMMUNITY SCHOOL NEWSLETTER MAY 2024

SECOND STREET COMMUNITY OFFICE

Community School Coordinator:

Gayle Beavil — 604-836-3290 gayle.beavil@burnabyschools.ca

School Principal

Christy Redmond
Christy.redmond@burnabyschools.ca

A note from the Community Coordinator

It has occurred to me lately that the act of trying hard things does not always get the appreciation it deserves! There is so much value – for us, and our kids – in making attempts at new and difficult challenges, and that even in the *trying* there is value, whether we succeed or not. **Sometimes, even though it is with the best intentions, we deny our kids the benefits gained from doing hard things.**

Sometimes, as parents, we hover around and worry about our children so much that we deny any real freedom, responsibilities, exploration, and agency, because we are there, trying to protect and watch, cushion and mold.



A new term I heard recently was "Lawnmower Parent"! Although it is kind of an amusing term, it is meant to describe we parents who, rather than simply hover over our kids in attempts to curate their environment, lawnmower parents instead, simply go ahead and mow down all possible obstacles in their kids' paths -- completely clearing the way for them! Unfortunately, I saw some of this in myself, and maybe you do, too.

While we, as parents have the best intentions (such as trying to reduce struggle by making life easier for our kids than we had it, trying to have them avoid the hurt of heartbreak and disappointment, trying to have them avoid lack, by making everything more accessible for our children, etc.), we are inadvertently causing more harm than good, because of course, **without obstacles, we cannot develop the skills to get over them!**

If our kids haven't developed the skills to overcome, what happens when they face hardships? How do our kids then develop the important quality of resilience?

As educators, we are noticing an increasing number of children who don't seem to have the grit or the will to persist at hard things. The continual smoothing out of obstacles and bumps in the road does not do our kids any favours. Rather, we want our kids to do hard things and succeed at them. We even want our kids to attempt to do the hard things and perhaps even fail, as failure (and what we do with the failure), is where the richest learning is.

We want our kids to take the skills and information they gained from trying, to the next challenge they face. Each challenge becomes a learning opportunity, and each learning opportunity becomes a period of important growth. These repeated attempts and even failures (followed by reflections on the learning from those times), build the skills needed to be successful in life and to live a life of meaning and choice. When we have meaning and choice, we can use our strengths and gifts where we think they are best suited. An array of skills, from an array of challenges, will enable our children to decide how they want their life to look, and what kind of life will hold the most meaning for them. The life skills that they gain will enable them to be adaptable, flexible, knowledgeable and, most importantly, resilient. There is growth in the failing.

What was a failure you have had that taught you something?

What obstacle have you overcome and what skills did that build in you?

When has a lost opportunity, or heartbreak, led you to something better?

Together Strong,

Gayle Beavil

The Spring Food Bank Challenge

The Greater Vancouver Food Bank's (GVFB) Spring Challenge is an opportunity for the communities served by the GVFB to come together, in a fun way, to support our neighbours. The Spring Challenge unites communities in the name of friendly competition.



The area that collects the most funds per capita will win the challenge... and a fun prize... 50 pairs of tickets to Foodstock, the GVFB's fundraiser festival, June 23, 2024 at Swangard Stadium.

Please make your donation by May 31st to the Burnaby School District #41 fundraising page by clicking on the link below:

https://events.foodbank.bc.ca/team/burnaby



Join the free **Summer Reading Club** for kids of all ages at Burnaby Public Library!

Registration starts on Monday, June 17 at any BPL location or you can sign up online. Read anything, anywhere, any way, and in any language. Being read to also counts!

Check out activities for kids at the library this summer at all locations.

At the end of the summer kids can come in for their Summer Reading Club medals!

Have questions? Need reading ideas? Call us at 604-436-5400 or email eref@bpl.bc.ca. This video (tinyurl.com/readingtipsBPL) has tips for reading with kids to get you started.

"CommuniTEA TIME"

Volunteer Celebration



Wednesday, June 12th, 9:00 am - 10:30 am In the Second Street Community Room

This is a special teatime to honour all of you who have volunteered and supported the school.

Everyone is welcome - parents, community members, etc.

Come and enjoy some special snacks and some surprise treats.

Let's gather together so we can celebrate you, and say thanks!



"The greatness of a community is most accurately measured by the compassionate actions of its members." Coretta Scott King



Dance Party!



Let's send off Mrs. Beavil in style by doing one of her most favourite things...dancing! **On Friday, June 14 between 2 to 3 pm** the CPAC will have music blasting and freezies for sale as we celebrate Mrs. Beavil and all she's done for our community. See you there!"

CPAC BULLETIN BOARD

Check out how you can help at Second Street, what the council is up to and how you can help fundraise for our school.

The CPAC* wants to extend a thank you to all of the support at Sports Day. Thank you to The Gandham Family for donating the daal and samosas, to Buy Low Foods for donating the hot dog buns and to Johnny Pop's for donating over 50% of his profits. We raised over \$1400.

Thanks to this event, other events throughout the year and the generosity of our supporters, we met our overall fundraising goal! In 2023/24, we raised over \$10,000 and received grants valuing \$7800.

These funds go directly back to the school** - both in the classroom (including field trips, inclass experiences, music equipment, classroom supplies & literacy resources) and out of the classroom (including community events, swimming, grade 7 leaving & upcoming outdoor classroom).

And a giant thank you to all of the volunteers***, including our CPAC executive, who helped make this happen.

*Community & Parent Advisory Council - a group of parents and community members actively working to enhance the school experience. Follow us on Facebook.

**Learn more about these allocations at our CPAC meetings - next one is in September

***Looking to help out? Check out our Job Jar.



In addition to volunteering, the following are on-going ways to contribute to our school.

- **Refundable Containers** Drop off empty containers at an Express Return-It Depot and credit the school using: **604-296-9029**
- Cash for Clothes Have clothes you are getting rid of? Drop off bagged clothes to Second Street School Community Office. The school earns money for each bag donated to our school. Please only donate clothes or linens as appliances, toys etc. are not accepted.

And be sure to check out the <u>Community Council</u> tab on our webpage and <u>Facebook</u> page.

Early Years Toy/Clothing Swap



Friday, May 24th 10:30am-1:30pm 2038 Rosser Avenue Burnaby, BC

This is a FREE event!

You don't have to have an equal number of items that you donate to take items home. The idea is that you bring what you can and take what you need.

Toy exchange info: Toys and books should be in **good condition and clean**. If toys have multiple pieces, please ensure that all parts are together in a bag or container and labelled.

Clothing exchange info: Clothes should be gently used and clean. No ripped, torn, or stained items. Preferably sorted by size. Maternity clothes will be accepted.

We are unable to accept baby furniture, baby equipment, or potty seats.

We may not be able to accept some donations if we've already received too many of certain items/sizes.

Donations can be dropped off between 9:30am and 2:30pm on May 22nd, and May 23rd, or you can bring your donations with you to the swap on May 24th.

Contact Renée Austin for more information renee.austin@cameray.ca

Limited underground parking stalls for Cameray are available



Cariboo Hill Dry Grad Fundraiser



SOME OF THE GENEROUS DONATIONS THAT WILL BE AUCTIONED OFF DURING THE EVENING

- StrongSide Conditioning, New Westminster, Teaser Package (6 weeks) value \$384, Starter Package (3 months) value \$768
 Stronger Package (3 months) value \$999
- Vici Learning, New Westminster, Tutoring Package (4 Sessions) or Study Club (for 1 month) value \$200
- 2 GoodLife Fitness, 1 month passes and gym bags, value \$160 each
- Wine Basket, courtesy of Trailside Physio,
 New Westminster, value \$150
- Gift Basket from Katrina Chen, MLA, value \$150
- Viviwell Nutrition In Home Chef Services value \$140
- Gift Basket from Ken Pho, Royal Pacific Realty, value \$100
- 2 Guys with Knives Gift Card (meals to go), value \$100
- · Gift Basket from a Cariboo Parent, value \$100
- 2 Intro Packages, Sea 2 Sky Wellness, New Westminster, value \$69 each
- MORE ITEMS COMING...

Play to Learn

Learn to Play



UNPLUG & PLAY!

Thursday, June 20, 2024 -10:00am to 1:00pm

Join us for a free, fun, family friendly event! Great for kids 0 to 6!

- Live Music with Will's Jam https://www.willsjams.com/
- Learn about Burnaby's early years programs and services
- Enjoy free activities

Edmonds Park 7433 Humphries Avenue Burnaby, BC









Free Summer Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting July 2024 on Tuesday and Wednesday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!





gv.ymca.ca/generation-health generationhealth@bc.ymca.ca



Childh d Healthy Living Foundation









REGISTRATION START TIME	PRIORITY REGISTRATION for Burnaby residents			GENERAL REGISTRATION for everyone	
10 am	Sunday, June 2	Monday, June 3	Tuesday, June 4	Wednesday, June 5	Friday, June 7
START CREATING YOUR WISH LIST TODAY	Swimming Lessons	Recreation Activities (excluding swimming lessons)	Arts and Heritage Activities	Swimming Lessons	Recreation, Arts and Heritage Activities (excluding swimming lessons)

New Registration Process for Swimming Lessons

We are offering more opportunities for swim lesson registration, starting as early as June 2.

You can register for swim lessons 30 days in advance of the lesson start date at 10 am if you are a Burnaby resident, or 27 days in advance at 10 am if you are not.

For example, if you want to sign up for swim lessons that begin on July 2, you can register on June 2 at 10 am if you live in Burnaby, or on June 5 at 10 am if you live elsewhere.

Learn more about this change: Burnaby.ca/SwimLessons





What's going on



SUMMER VOLUNTEER OPPORTUNITIES AND ORIENTATION SESSION

Looking to have an awesome summer while also making a difference in the community? Come join our energetic summer volunteer team and develop leadership skills in a positive and fun environment! Volunteers will be working side by side with experienced summer camp and park leaders to create lifelong memories for children and families in Burnaby.

Register at Burnaby.ca/SummerVolunteers

Have questions? Attend a Volunteer Recruitment Session to learn more.

Edmonds Community Centre

Monday, May 27 5-6:30 pm 33093

Bill Copeland Sports Centre

Tuesday, May 28 4:30-6 pm 33090

Bonsor Recreation Complex

Friday, May 31 5-6:30 pm 33091

Christine Sinclair Community Centre

Tuesday, June 4 6-7:30 pm 33092

Burnaby.ca/WebReg

GET YOUR START HERE:

WE'RE HIRING



Make a difference in your community. Recreation centres are hiring recreation clerks, recreation and aquatic leaders, building service workers and contract instructors. Be a part of providing facilities and services that support a safe, connected, inclusive, healthy and dynamic community.

Burnaby.ca/Careers

Summer Fun in Burnaby

Spray parks, outdoor pools, events and more. There's lots of fun activities in Burnaby this summer.

Burnaby.ca/SummerFun





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